

Summer Salad

Ingredients:

- 1 cup Blueberries, fresh
- 1 cup Mandarin orange
- 1 cup Pineapple chunks in, juice
- 6 cups Romaine lettuce
- 1 1 cup slice Strawberry
- 1/2 cup Pecans
- 1 Chicken breast

Instructions

1. Toss together all ingredients.
2. Serve with your favourite dressing. We suggest strawberry poppyseed or Morgan's Lemon Dressing!