Friendship Bracelets 2 ways

Materials:

Any type of string you want your bracelets to be

Scissors

Ruler or measuring tape

Instructions:

1. Measure your wrist and cut a piece of string that is twice that measurement plus 15cm, then fold it in half. This will be your base. (Figure 1). Example: if your wrist measured 10cm you would need 35cm of string, which folded would be around 17.5cm

Figure 1

2. Use your folded base as a measurement and cut a piece of string that is 9 times longer. Using the example above, 17.5x9=157.5. which folded in half should be around 78cm in length. This may seem like a lot, but as you knot the bracelet it will cover the length of your base.

3. Tie both folded strings together to create a double loop from the curve made when folding it. Tip: secure your bracelet with a safety pin to a soft surface so it is easy to handle. (Figure 2)

4. Take the long strands and place them on the outside. Take the left strand and cross it over the base to the right side forming the shape of a 4. (Figure 3)

Figure 2

5. Take the right strand and place it on TOP of the one you just crossed over (Figure 4)

6. Bring the right strand UNDER the base and through the belly of the 4 you made earlier.

7. Pull both strands out to tighten the knot.

8. Continue to do this until you finish the length of your wrist. Tie a knot it all 4 strands to finish and cut off excess string.

Figure 3

TWIST:

If you want your bracelet to be in a twist/spiral shape continue knotting the same way as before always using the left string to make the 4

SQUARE:

If you want your bracelet to be flat and in square shape, alternate sides when knotting.

Figure 4

You can use one or two colours and experiment with how tight you tie the knots as it looks slightly different!